

RESOURCE LIST

BOOKS FOR PARENTS

From Diapers to Dating: A Parent's Guide to Raising Sexually Healthy Children, by Debra W. Haffner: Newmarket Press, 2008.

Helping Your Child Recover from Sexual Abuse, by Caren Adams and Jennifer Fay: University of Washington Press, 1992.

Meg Hickling's Grown-Up Sex: Sexual Wholeness for the Better Part of Your Life, by Meg Hickling: Northstone Publishing, 2008.

The New Speaking of Sex: What Your Children Need to Know and When They Need to Know it, by Meg Hickling: Northstone Publishing, 2005.

Talking to Your Kids About Sex, by Dr. Laura Berman: Dorling Kindersley Ltd., 2009.

BOOKS FOR PRESCHOOL AND PRIMARY CHILDREN

The Bare Naked Book, by Kathy Stinson and Heather Collins: Annick Press, 2006.

Bellybuttons Are Navels, by Mark Schoen: Booksurge Llc, 2007.

Boys, Girls and Body Science, by Meg Hickling: Harbor Publishing, 2002.

It's Not the Stork!, by Robie H. Harris: Candlewick Press, 2008.

It's So Amazing!, by Robie H. Harris: Candlewick Press, 2004.

Outside In, by Clare Smallman: Barron's Educational Series, 2010.

Real Beauty: 101 Ways to Feel Great About You, by Kauchak: American Girl Publishing, 2004.

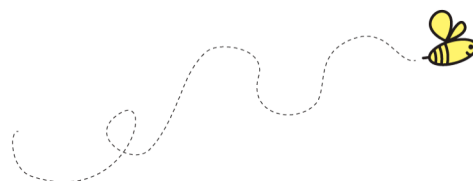
The Very Touching Book, by Jan Hindman: Alexandria Association, 1983.

What's the Big Secret? Talking About Sex with Girls and Boys, by Laurie Krasny Brown and Marc Brown: Little, Brown Books for Young Readers, 2000.

Where Did I Come From? by Peter Mayle: Citadel Press, 2000.

Smart decisions start here.

t 604.418.9417
e saleema@saleemanoon.com
w www.saleemanoon.com



BOOKS FOR CHILDREN IN PUBERTY

Am I Weird or Is This Normal? by Marlin S. Potash and Laura Potash Fruitman: Fireside, 2001.

The Boy's Body Book, by Kelli Dunham: Applesauce Press, 2007.

The Care and Keeping of You: The Body Book for Girls, by Valerie Schaefer: American Girl Publishing, 2012.

- ★ The American Girl Series for girls' aged 8 and up, offer valuable support and guidance on a range of emotional and academic issues associated with growing up.

The Guy Book: An Owner's Manual, by Mavis Jukes: Crown Books for Young Readers, 2002.

It's Perfectly Normal: Changing Bodies, Growing Up and Sexual Health, by Robie H. Harris: Candlewick Press, 2009.

The Looks Book: A Whole New Approach to Beauty, Body Image and Style, by Esther Drill: Penguin Paperbacks, 2002.

Let's Talk About Sex, by Robie H. Harris: Walker Books, 2010.

My Body, My Self for Boys, by Lynda Madaras and Area Madaras: Newmarket Press, 2007.

My Body, My Self for Girls, by Lynda Madaras and Area Madaras: Newmarket Press, 2007.

Puberty Boy, by Geoff Price: Allen & Unwin, 2006.

Puberty Girl, by Shushann Movsessian: Allen & Unwin, 2005.

Stick Up For Yourself! Every Kid's Guide to Personal Power and Positive Self-Esteem, by Gershen Kaufman, Lev Raphael and Pamela Espeland: Free Spirit Publishing, 1999.

What's Happening to Me? by Peter Mayle: Citadel, 1981.

What's Happening to Me? (Boys Edition) by Alex Firth: Usborne Books, 2006.

What's Happening to Me? (Girls Edition) by Susan Meredith: Usborne Books, 2007.

The "What's Happening to My Body?" Book for Boys, by Lynda Madaras and Area Madaras: Newmarket Press, 2007.

The "What's Happening to My Body?" Book for Girls, by Lynda Madaras and Area Madaras: Newmarket Press, 2007.



BOOKS FOR TEENS

All Made Up: A Girl's Guide to Seeing Through Celebrity Hype and Celebrating Real Beauty, by Audrey D. Brashich: Bloomsbury US, 2006.

Body Drama: Real Girls, Real Bodies, Real Issues, Real Answers, by Nancy Redd: Gotham, 2008.

Changing Bodies, Changing Lives: A Book For Teens on Sex and Relationships, by Ruth Bell: Three Rivers Press, 1998.

Deal With It! A Whole New Approach to Your Body, Brain, and Life as a gURL, by E. Drill, H. McDonald, and R. Odes: Gallery Books, 1999.

Girltalk: All the Stuff Your Sister Never Told You, by Carol Weston: Harper Perennial, 2004.

Real Gorgeous: The Truth About Body and Beauty, by Kaz Cooke: W.W. Norton, 1996.

S.E.X.: The All-You-Need-To-Know Progressive Sexuality Guide to Get you Through High School and College, by Heather Corinna: Da Capo Press, 2007.

The Teenage Body Book: A New Edition for a New Generation, by Kathy McCoy and Charles Wibbelsman: Hatherleigh Press, 2008.

The Underground Guide to Teenage Sexuality, by Michael J. Basso: Fairview Press, 2003.

BOOKS TO ENCOURAGE INCLUSION OF SAME-SEX FAMILIES

A Tale of Two Daddies and A Tale of Two Mommies, by Vanita Oelschlager: Vanita Books, 2010.

Asha's Mums, by Rosamund Elwin and Michele Paulse: Women's Press Literary, 1990.

The Different Dragon, by Jennifer Bryan: Two Lives Publishing, 2011.

How Would You Feel If You're Dad Was Gay? by Ann Heron and Meredith Maran: Alyson Books, 1994.

Making Love Visible: In Celebration of Gay and Lesbian Families, by Jean Swallow: Crossing Press, 1995.

Molly's Family, by Nancy Garden: FSG Kids, 2004.

My Uncle's Wedding, by Eric Ross: Createspace, 2011.

While You Were Sleeping, by Stephanie Burks: Trafford Publishing, 2004.



MAGAZINES FOR GIRLS

Discovery Girls, ages 8 and up www.discoverygirls.com

American Girl, ages 7 and up www.americangirl.com

New Moon, ages 8 and up, www.newmoon.com

Vervegirl, ages 13 and up, www.vervegirl.com

USEFUL WEBSITES

SEXUAL HEALTH for parents

www.optionsforsexualhealth.org

www.safehealthyschools.org

www.sexualityandu.ca

www.urbandictionary.com

www.pflagcanada.ca

www.teachingsexualhealth.ca

www.advocatesforyouth.org

SEXUAL HEALTH for kids

www.kidshealth.org

SEXUAL HEALTH for teens

www.optionsforsexualhealth.org

www.planetahead.ca

www.scarleteen.com

www.sexetc.org

www.sexualityandu.ca

www.teenwire.com

www.wontgetweird.com

www.spiderbytes.ca

www.goaskalice.com

www.teengrowth.com

SAFETY

www.bullybeware.com

www.cyberbullying.ca

www.kidshelpphone.ca

www.media-awareness.ca

www.safekidsbc.ca

EMPOWERMENT

www.beinggirl.com

www.boyslife.org

www.discoverygirls.com

www.gurl.com

www.newmoon.com

www.girlsactionfoundation.ca

www.safeteen.ca

www.youthnoise.com

www.about-face.org

www.empowerkids.org

SALEEMA NOON SEXUAL HEALTH EDUCATORS

Saleema Noon - saleema@saleemanoon.com

Brandy Wiebe - brandy@saleemanoon.com

Kathryn Heape - kathryn@saleemanoon.com