



**Introducing**



## Quilchena Elementary School

*Here are your upcoming  
hot lunch theme  
rotations!*



**FUEL Favourites Day!**

**Hot Dog Day!**

**Pasta Day!**

**Burger Day!**

**International Day!**

**Wrap Day!**

**Mexi Day!**

**FUEL Catering is excited to service Quilchena Elementary School healthy hot lunches for the 2014-2015 school year!!**

### **ABOUT US:**

FUEL offers complete school lunch programs in which we provide fresh and nutritious food choices for your children. We are committed to improving the eating habits of school children by providing quality meals and snacks that meet the BC nutritional requirements. Our successful menu has proven to empower all schools to adopt a healthy and tasty hot lunch program. "Our chefs are making healthy home cooking style menu items which defines that nearly most of our menu items are made with local ingredients and recipes are made from scratch."

Now that's healthy!

### **ORDERING IS SO EASY!**

You can order your children's lunches on the school online system!

Here's what you do:

Step 1. Go to **http://**

Step 2. Create an account for yourself and your children.

Step 3. Place your order monthly or for the whole term.

Step 4. Pay for your order.

**THAT'S IT!**

If you do not want to order online, there will be a supply of monthly orders for you to pick up at the school office or you can simply print an order form from the site.



"Making healthy eating fun, one tummy at a time."

**[www.fuelcatering.ca](http://www.fuelcatering.ca)**